

RADD ACTIVITIES

FALL 2024-WINTER 2025 | (925) 931-5365

RADD INFORMATION

15 years & up

Recreation for Adults with Developmental Disabilities

RADD is a special recreation program designed for people ages 15 and above with developmental disabilities. RADD's mission is to provide equal opportunity for personal growth for individuals with developmental disabilities through recreational activities and community involvement.

TO PARTICIPATE

All NEW participants must complete a RADD Participant Form, a RADD Code of Conduct and receive an approval email. **For More Information** about RADD programs and the REACH Scholarship, call (925) 931-5373 or visit www.pleasantonradd.org.

TO REGISTER

You can register for RADD programs at www.pleasantonfun. com, by calling 925-931-5365 or visiting the Pleasanton Senior Center's front desk. You may now register on-line if you have been approved for a RADD REACH scholarship.

- To Register for RADD programs starting 8/14 (R), 8/16 (NR), visit www.pleasantonfun.com, call 925-931-5365 or visit the Pleasanton Senior Center's front desk. RADD REACH scholarship funds can now be accessed when registering online.
- Pre-registration with payment are required for all activities—
 "drop-ins" are not allowed.
- Please only sign up for one Pizza & Bowling night/season.
- If participant is unable to attend a class, early cancellation will enable wait list participants to register.
- · RADD staff will attend each event.
- If a CAREGIVER is attending with participant, contact the Senior Center at 925-931-5365 to register them for free.
- Caregivers must stay with participant off-site and remain in the building on-site
- · Caregivers will have to bring or pay for their own food.

EXERTION LEVEL—SCALE OF 1-5

1=low: mainly seated activities, some standing or walking one block.

2=low/moderate: walking the equivalent of four blocks. **3=moderate:** a combination of low/high impact activities.

4=moderate/high: walking the equivalent of seven blocks. May have rough terrain.

5=high exertion: walking the equivalent of 10+ blocks.

RADD ACTIVITIES

RADD Dining Out

Includes dinner and beverage. Drop-off/pick-up: Applebee's Grill + Bar, 4808 Dublin Blvd., Dublin.

Applebees | RADD Staff | Level 1

FRIDAY

9383 9/6 6:00pm-8:00pm \$38R/\$41N

RADD Trips—Jelly Belly Factory

Includes ticket into venue, lunch or dinner and transportation. Drop-off/pick-up: Pleasanton Senior Center, 5353 Sunol Blvd. Pleasanton.

Senior Center | RADD Staff | Level 5

SATURDAY

10353 9/14 9:30am-3:00pm \$45R/\$48N

RADD Station Tours

Includes a tour of the California Highway Patrol office in Dublin. Pick-up/Drop-off: 4999 Gleason Dr. Dublin.

Dublin CHP | RADD Staff | Level 3

SUNDAY

10354 9/22 10:00am-12:00pm \$23R/\$26N

RADD Fun at Hagemann Ranch

Themed activities at Hagemann Ranch. Drop-off/pick-up: 455 Olivina Ave., Livermore.

Hagemann Ranch | RADD Staff | Level 5

SUNDAY

10358 9/29 Prairie School 2:00pm-5:00pm \$23R/\$26N

RADD Dinner & Bingo or Movie

Includes dinner and either a movie or Bingo. Pleasanton Senior Center, 5353 Sunol Blvd., Pleasanton.

Senior Center | RADD Staff | Level 1

FRIDA

10359 11/1 Movie 6:00pm-9:00pm \$29R/\$32N

FRIDAY

10362 11/15 Bingo 6:00pm-8:00pm \$29R/\$32N

RADD Pizza & Bowling

Includes shoes, bowling, pizza and beverage. Drop off/Pick up: Earl Anthony's Dublin Bowl, 6750 Regional St., Dublin.

Earl Anthony's Dublin Bowl | RADD Staff | Level 3

FRIDAY

 10395
 10/11
 4:00pm-6:00pm
 \$28R/\$31N

 10396
 1/10
 4:00pm-6:00pm
 \$28R/\$31N

RADD Dance

Includes music, dancing, games and light snack on 10/25, dinner on 12/13. Pleasanton Senior Center, 5353 Sunol Blvd., Pleasanton.

Senior Center | RADD Staff | Level 1

FRIDAY

 10360
 10/25
 Halloween
 7:00pm-9:00pm
 \$27R/\$30N

 10364
 12/13
 Holiday
 6:00pm-8:30pm
 \$35R/\$38N

RADD Fun

Includes donuts, a nature walk and arts & crafts. Drop-off/pick-up: Pleasanton Senior Center, 5353 Sunol Blvd. Pleasanton.

Senior Center | RADD Staff | Level 5

SATURDAY

10402 10/5 9:30am-12:00pm \$25R/\$28NR

RADD Cooking

Come learn how to make baked goods and other foods plus enjoy your creations at the end. Pleasanton Senior Center, 5353 Sunol Blvd. Pleasanton. 10/18 includes a movie.

Senior Center | RADD Staff | Level 1

FRIDAY

10401 10/18 Halloween Foods 6pm-9pm \$27R/\$30N
 10363 11/22 Cupcakes 6pm-8pm \$24R/\$27N

RADD Arts

Paint your own painting or do some arts and crafts . Senior Center, 5353 Sunol Blvd. Pleasanton.

Senior Center | RADD Staff | Level 1

FRIDAY

10365 1/17 6:00pm-8:00pm \$27R/\$30NR

RADD Dinner & Games

Includes pizza made by you and a group activity/game. Pleasanton Senior Center, 5353 Sunol Blvd. Pleasanton.

Senior Center | RADD Staff | Level 1

FRIDAY

10367 1/24 Trivia 6:00pm-8:00pm \$29R/\$32N

ADAPTIVE TENNIS

Register for adaptive tennis with Lifetime Activities by calling 925-931-3449.